



# What's Circulating?

Tuesday, March 3, 2026



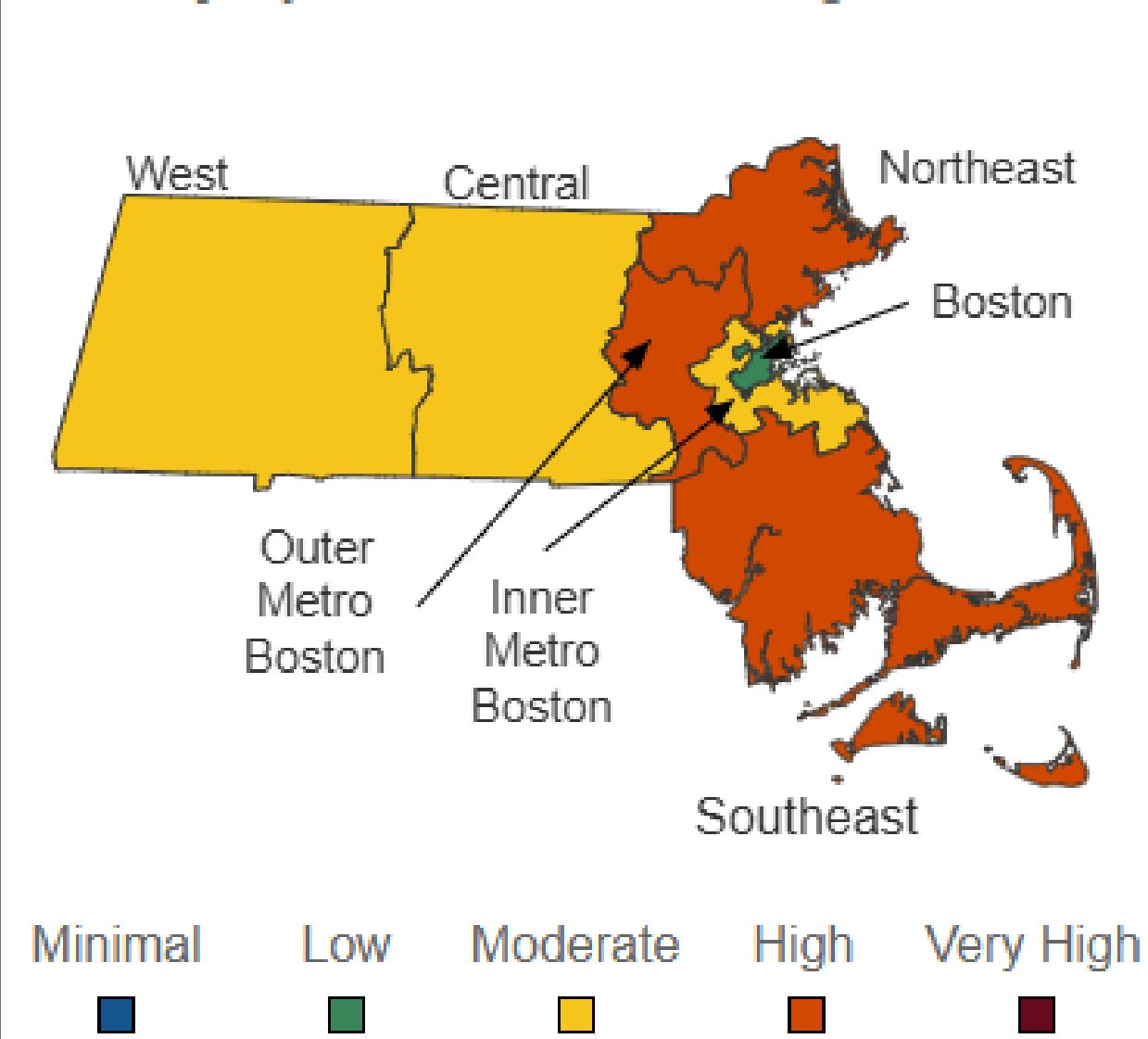
**Measles Alert:** Two cases of measles have been confirmed in Massachusetts residents—one linked to international travel and one to out-of-state exposure. While there's no evidence of ongoing spread in the state, MMR vaccination is the best protection — confirm your status with your provider.

## AT A GLANCE — CURRENT MASSACHUSETTS STATE TRENDS

<p><b>INFLUENZA</b> ↗</p> <p><b>High</b></p> <p>Trending slightly upward after sharp decline</p>	<p><b>COVID-19</b> →</p> <p><b>Very Low</b></p> <p>Hospitalizations remain very low</p>	<p><b>RSV</b> ↘</p> <p><b>Low</b></p> <p>ED visits low and declining</p>	<p><b>NOROVIRUS</b> →</p> <p><b>Circulating</b></p> <p>Foodborne illness continues statewide</p>
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## STATE & COMMUNITY LEVEL DATA – MASSACHUSETTS

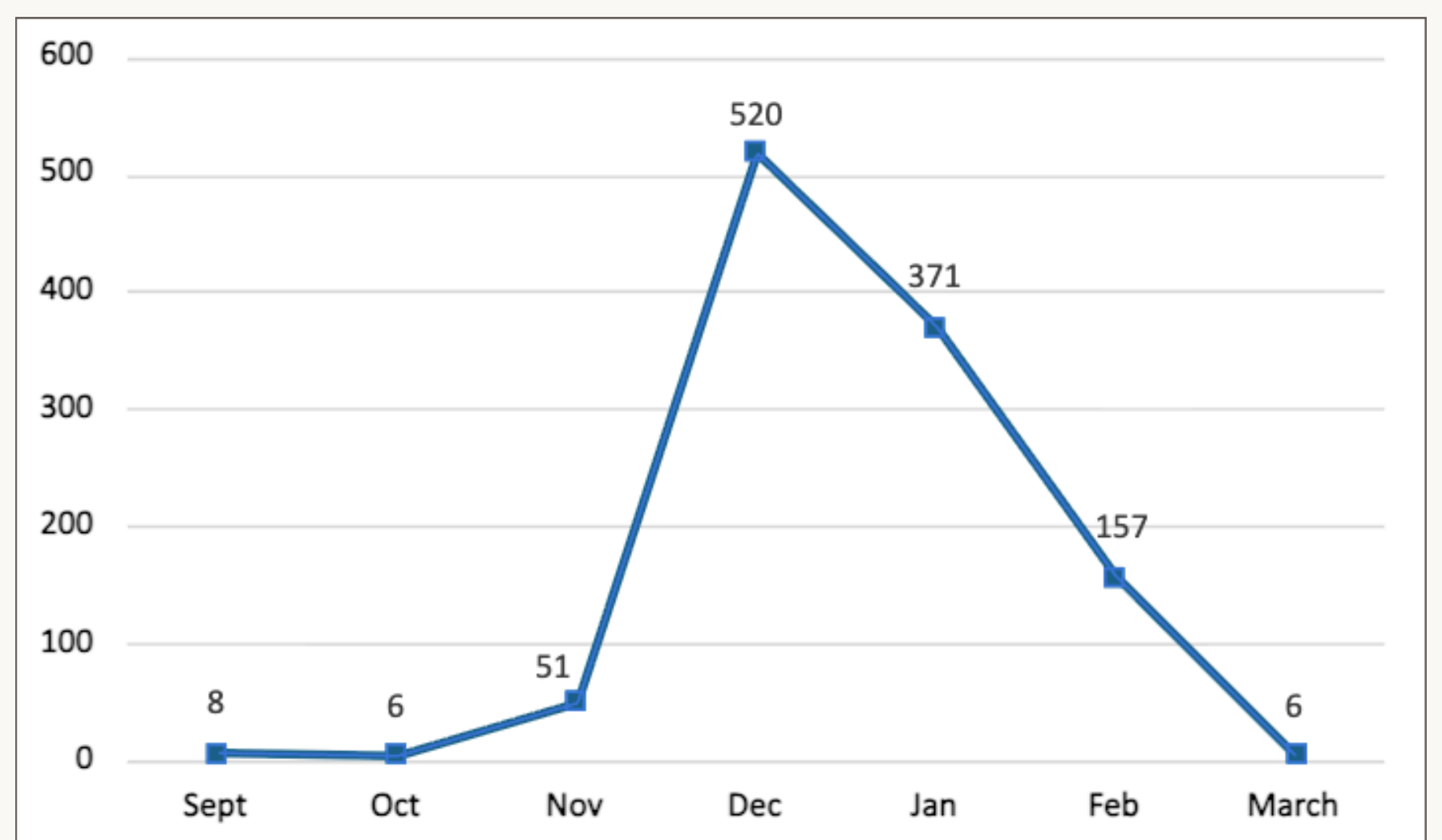
Last week's influenza-like illness activity by Massachusetts region



Influenza-like illness (ILI) activity is classified as **“High”** across Eastern Massachusetts, with Norfolk County among the most affected regions, despite a sharp decline over the past two months.

Influenza Cases — NC-8 Communities

Sept 2025 — Feb 2026 | Source: MAVEN Influenza Report 3/2/2026



As temperatures warm into spring, cases are expected to **continue declining**. This drop follows a peak in **December 2025** — the highest ILI rate since the start of the COVID-19 pandemic — driven primarily by **Influenza A, Subclade K**.