

Norfolk County-8 Coalition

April 24th, 2024 Meeting Minutes



Time: 3-4 PM
<u>Meeting Location</u> Zoom: https://us06web.zoom.us/j/81183595071

Attendance Roll Call

Voting members present:

Kylee Sullivan, Dedham
Caroline Kinsella, Milton
Stacey Lane, Norwood
Melissa Ranieri, Walpole

Non-voting members present:

Caeli Tegan Zampach, BME Strategies
Cynthia Baker, BME Strategies
Kerry Mackay, Regional Public Health Associate

Voting members absent:

Barbara Reardon, Canton
Lenny Izzo, Wellesley
Jared Orsini, Westwood

I. Opening

The special meeting of the NC-8 Local Public Health Coalition was called to order by Cynthia Baker at 3:20 PM on April 24th, 2024.

Stacey Lane made a motion to approve the March opioid abatement meeting minutes. Melissa Ranieri seconded the motion.

Vote:

Canton: not present

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Dedham: Y

Milton: Y

Norwood: Y

Walpole: Y

Wellesley: not present

Westwood: not present

Motion passed.

II. Review: Regional Training Opportunities

The coalition discussed the training proposal from HRiA to provide 5 community training on overdose response and administration of naloxone. Per the coalition's request in the last meeting, BME shared back further details on the travel cost breakdown of the proposal. The proposal covers travel time, per diem meals and possible hotel stays for 4-5 trainers, some of whom will be traveling from out of state, slated to conduct the training sessions, with 2 facilitators per session. The coalition continued to express hesitance around the cost and discussed assessing available Narcan trainers in each health department to explore conducting regional training sessions in-house. Participants also expressed interest in partnering with school nurses to facilitate programming.

III. Collaboration with Riverside Community Care

The coalition broadly discussed three possible options for collaboration with Riverside Community Care: 1) Partner with RCC to add recovery coaches in NC-8 police departments for co-response with clinicians 2) Cover recovery coaching services for privately insured NC-8 residents 3) Implementing the DPH program FIRST Steps Together throughout NC-8. Participants discussed the feasibility of working with RCC to implement recovery coaching both for immediate diversion in response to police calls and to fill a gap in service for most privately insured residents. Recovery coaches who work in collaboration with police departments are typically also paired with clinicians. The group discussed the possibility of the three NC-8 communities that currently do not have PD clinicians available applying to the state for a multi-year grant for those roles.

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In addition, the coalition expressed interest in learning more about the start-up costs associated with FIRST Steps Together. BME will follow up on this to learn more.

The group expressed interest in meeting directly with Riverside Community Care and conducting a visit to their Community Behavioral Health Center in Norwood. BME will reach back out to RCC to share the coalition's feedback and interest and follow up to schedule a convening.

IV. Education & Prevention Strategies for Schools

This agenda item was not discussed in the meeting due to time and is tabled until the next meeting.

V. Discussion

This agenda item was not discussed in the meeting due to time and is tabled until the next meeting.

VI. Adjournment

Stacey Lane motioned to adjourn the meeting. Melissa Ranieri seconded the motion.

Vote:

Canton: not present

Dedham: Y

Milton: Y

Norwood: Y

Walpole: Y

Wellesley: not present

Westwood: not present

The meeting was adjourned at 4:00 PM. BME will send out a meeting poll to schedule the next convening.

Documents and other exhibits used by the public body during the meeting:

April Opioid Settlement Funding Discussion Presentation

Opioid Abatement Funding

April 2024



Agenda

- I. Opening
- II. Review: Regional Training Opportunities
- III. Collaboration with Riverside Community Care
- IV. Education and Prevention Strategies for Schools
- V. Discussion
- VI. Adjournment

Approval of previous meeting minutes

Review: Regional Training Opportunities

Overview of Initial HRiA Proposal

- Rotating series of 5 Opioid Overdose Rescue trainings (2 hours each)
 - Overview of opioids, risk factors, overdose assessment and reversal (administration of naloxone)
- In-person sessions with hands-on training with supporting materials

Review: Regional Training Opportunities

Proposal: Travel Detail

- Trainer time encompasses prep, session time and training delivery, debriefing & travel
- 4-5 trainers for 5 trainings (2 per session)
- Trainer mileage (reimbursement at 0.665 per mile)
- Proposal cost also covers per-diem meal costs & hotel stays for folks traveling from out of state

Review: Regional Training Opportunities

Other Opportunities: Training of Trainers

- Training of Trainers - Opioid Overdose Rescue and Naloxone Administration
 - Two facilitators
 - 5-6 hour training
- Estimated additional cost: \$6-7k

Collaboration with Riverside Community Care

Areas of Opportunity

in order of complexity and roughly estimated cost:

- 1. Increase co-location of recovery coaches in NC-8 police departments**
- 2. Offer recovery coaching for privately insured residents throughout NC-8**
- 3. Implement FIRST Steps Together through RCC**

Collaboration with Riverside Community Care

1. **Increase co-location of clinicians & recovery coaches in NC-8 police departments**
 - Recovery coaches integrate lived experience with case management and care coordination, mental health peer services & support, jail diversion support
 - Flexible approach based on need - ex., 2 FTE recovery coaches to cover NC-8
 - Cost out = personnel costs (average salary plus fringe, mile & admin) directly contracted with and paid through police department(s)

Collaboration with Riverside Community Care

1. **Increase co-location of clinicians & recovery coaches in NC-8 police departments**
 - Recovery coaches typically work in tandem with clinicians
 - Canton, Dedham, Norwood, and Walpole currently have co-response clinicians integrated with local police departments
 - Co-response clinicians can be funded in a multi-year grant through the Department of Mental Health for other communities

Collaboration with Riverside Community Care

2. Offer recovery coaching for privately insured residents throughout NC-8
 - Recovery coaching is covered by MassHealth, but very often **not** covered by traditional insurance providers (ex., BCBS, Harvard Pilgrim)
 - Higher rates of privately insured residents in NC-8 region
 - Typical life cycle for recovery coaching is ~6 months
 - Cost out = anticipated or allocated # of service recipients (throughout the coalition) x 180 days x cost per day for a given fiscal year

Collaboration with Riverside Community Care

3. Implement FIRST Steps Together

- Biggest lift in terms of start-up cost and infrastructure
 - DPH offers TA and training to program partners
- FIRST Steps Together currently offered through Jewish Family & Children's Service, and Bay State Community Service (covers Milton, Dedham, Westwood & Wellesley)
 - No foreseeable issues with duplication of services
 - Ability to customize

Other considerations: Would communities outside of NC-8 access this service?

Education / Prevention Strategies for Schools

- Prevention curriculum (education, prevention, resources, & stress management workshops)
- Educational campaign (local TV, videos in schools, in person speaker who is in recovery or a prevention specialist, & social media to provide education and stories)
- Community based events/workshops held at local schools
- 'Project Here', 'Ad Care' and 'Learn to Cope'
- School resource officer
- 'Safe Station' - Removes fear / a potential barrier
- Care/Help Navigation Programs: Social worker? Mental health/counseling services
- Fentanyl test strips/Narcan

Discussion



How are communities approaching solicitation of input from people with lived experience from their community in their planning? Have any communities done this?



What have municipalities learned about their current PD clinician services?



Any other feedback from your town or administration regarding use of opioid abatement funds?

Resources

- **MA guidance:**

www.mass.gov/info-details/guidance-for-municipalities-utilizing-opioid-settlement-abatement-payments

- **AG's FAQ:** *www.mass.gov/info-details/frequently-asked-questions-about-the-ags-statewide-opioid-settlements*

- **Guidance-Using funds:**

www.mass.gov/info-details/guidance-for-municipalities-utilizing-opioid-settlement-abatement-payments

- **MA State-Subdivision Agreement for Statewide Opioid Settlements:**

www.mass.gov/doc/march-4-2022-ma-subdivision-agreement/download

- **MA Abatement Terms Document:** *www.mass.gov/doc/massachusetts-abatement-terms/download*

- **Draft report form:** *www.mass.gov/doc/ma-opioid-settlement-municipal-report-9-21-2022/download*

- **Police Assisted Addiction Recovery Initiative:** *shieldtraining.org/ or <https://paarius.org/>*

Next Steps